



lifetolife





Bringing Germany to life



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- This document is designed to give you an overview of Germany, its people and some of the key issues and trends Synovate is observing.
- The core source of information is 'LifeWorlds' (Synovate's ethnographic approach) supplemented by Synovate's broader understanding of this country's culture.
- Following a brief introduction, our discussion has two main parts:
 - "Big Ideas": insights into German culture and consumers

- Implications for research

Background: demographics



Total Population: ca. 82.5 Million

Top 4 cities and populations

- Berlin: 3,400,000

- Hamburg: 1,750,000

- Munich: 1,300,000

- Cologne: 980,000

- Ethnic mix
 - 8.9 % non native German
 - Most of them from countries of the European Union or other European countries (26% from Turkey, 8% from Italy, 5% from Poland and Greece respectively)
- Age profile
 - 15 % Under 25
 - -40%25-50
 - 45 % 50+
- Average household income/ expenditure
 - Approx. 33,700 € (about 43,136 \$) net income

Background: Brand landscape



- Nivea (body care)
- BMW, Mercedes, VW (automotive)
- Apple (consumer electronics)
- Coca Cola (soft drinks)
- Langnese (food)
- Nokia (telecommunication)
- Nike (sports)
- Smart shopping (Aldi, Lidl, ebay, Ryanair)













































Section I: Big Ideas

Bringing Germany to life: "Big Ideas"



- High anxiety
- Scheduled spontaneity
- Car as calling card
- Which city which Germany?
- An aging and increasingly single nation

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Big Idea: High anxiety

- People are under tremendous pressure to achieve and to conform
 - Pressure in both professional and personal arenas
 - Women are increasingly <u>expected</u> to balance both the traditional tasks of housewife / mother and the demands of a career
- This pressure contributes to a national mood of insecurity and skepticism
 - Consumer behavior reflects a striving for security, e.g. strong loyalty to known brands, demand for product guarantees
 - The global economic crisis, caused by the collapse of the financial markets (2008) resulted in cautios and defensive consumption behaviour, currently German consumers are adopting a wait-and-see policy
- Widespread yearning for a more carefree existence
 - Germans' traditionally utilitarian attitude towards food (food=fuel) has changed as people increasingly look for pleasure and a casual flare in their dining – Mediterranean cuisine has become very popular because it is associated with a "balanced" approach to nutrition and relaxed meal-times

Stress and anxiety are part of daily life







'The glass is perceived half-empty instead of half full'.

Germany is a rather controlled and formalistic country

 Life is regulated by norms and regulations which offers security (anchor point) but also sets limits and boundaries.

Focus in society is on performance and achievement,

- putting pressure on people to perform to keep up with expectations.
- Yet, people strive for security in many aspects of life.
 - Today's life, which is perceived as **fast-moving**, causes **insecurities** and fears.
 - Germans have a **less unconstrained**, easy going attitude towards life.
 - They display a more skeptical and doubtful outlook on life

High expectations for German women

- There are many possibilities for women these days, yet this does not mean that making choices is an easy path:
 - Either being a mother and housewife in a traditional sense, though this is less and less accepted by society,
 - or combining this role with a part-time or even full-time job, following a career outside home.
- Being conscious and efficient in their own role(s) is very important to women in Germany.
 - Bearing social responsibility is still regarded as an obligation. Traditional understanding of what is right or wrong.
 - However, women long for a more relaxed and unconcerned gender role, they aspire towards a spontaneous and carefree attitude, without feelings of guilt.



Seeking a carefree life: Impact on food culture





- Food culture in Germany has evolved over the years from a rich and fat cuisine to a controlled food culture, recently resulting in a holistic approach, where pleasure and health concerns meet.
 - **Traditionally**, food need to be **filling. Functional** approach towards nutrition, no need to cook twice a day, 'Abendbrot' = fine as well.
 - Evolution to a managed/ controlled approach:
 - **Awareness** of health impacts of food.
 - Boom of organic food, critical towards meat.
 - **Inhibitions** towards self-indulgence.
 - Knowledge of nutrients = **justification**.
 - **Longing for pleasure** instead of managing health.
 - Due to scandals concerning (organic) food **people feel lost**, don't know what's 'good' anymore.
 - **Fed up** with always managing food and health.
 - High appeal of Mediterranean food: **unwind, balance**.



Implications for product / brand design

There is greater opportunity for new products in Germany if they...

- Reflect the German striving for certainty and security by means of guarantors, supporting quality of products.
- However, on an aspirational level provide a more light-hearted and easy going feeling.

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Big Idea: Scheduled spontaneity

- Rigid standards create pressure, but they also provide comfort
 - Germans hold tight to norms and constraints, e.g. a national obsession with punctuality and sticking to schedule
- Germans need to "blow off steam" but they tend to express exuberance in specific foreseen events
 - E.g. Carnival, Oktoberfest
 - Focus on creating specific opportunities where people can be liberated from normal standards of behavior
 - "Scheduled" spontaneity

 Football is one of the select acceptable ways for Germans' to express intense emotions including national pride



Fun needs to take place in an acceptable framework / situation





- People can't bear responsibility and thoroughness all of the time ... there is a time for exuberance and fun as well.
- In a performance driven society like Germany there is a pronounced need to compensate feelings of control and restraint with (excessive) fun.
 - However, not so much in a spontaneous and open manner.
 - Linked to 'foreseen' moments, enabling and allowing people to lose control (e.g. Carnival, Oktoberfest) = traditional and established.
 - Letting one's hair down within an **accepted societal frame**, where one can feel liberated and carefree without being judged by society.

Football: Outlet for exuberance and national pride



- long tradition, part of the collective history and cultural heritage in sports.
- A means to show emotions, to be more exuberant than one can normally be in daily life.
- **Uniting effect**, evoking a bonding experience, helping to overcome social differences.
- World cup (2006) provided a platform to show national pride in a positive and carefree manner.
 - Symbol of **national recovery** and pride, added to self-awareness of Germany as a nation.

- Brought to German society a **renewed spirit**, to face the future with optimism.

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Big Idea: Car as calling card









- Automotive industry is a source of national pride
- In this environment, one's car is an extremely important symbol of prosperity, status, personality
 - Cars function as gateway to social acceptance
 - Hold strong demonstrative value, reflecting prosperity of the owner



- 'People in Germany reflect on the purchase of a new car twice as long as for old-age pension'
- Motoring is one area in life where Germans chafe against restrictions – the potential introduction of speed limits on the Autobahn is causing highly emotional debates

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Big Idea: Which city, which Germany?

- Cultural norms and consumer preferences vary widely between major cities and regions
 - Berlin: centre of innovation, extremely open and diverse
 - But outside of Berlin society is much more conservative and homogenous
- Each major city is a distinct market with its own preferences
 - Frankfurt vs. Hamburg vs. Munich
- In addition, there remain significant differences in socioeconomic conditions and attitudes in Eastern vs. Western Germany
 - Widespread feelings of frustration and exclusion in the East



Cultural influences:

Berlin – The new capital, combining historical heritage with new dynamics



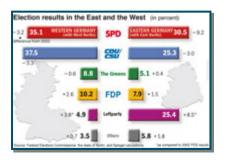
- Berlin reflects the new 'openness' of Germany in a most impressive manner.
- The city offers an attractive mix of a rich historical heritage and a progressive life-style.
 - Cosmopolitan, international, progressive city (attracting many foreign visitors).
 - People characterize themselves as direct, independent, also sociable and outgoing.
 - Being at the pulse of developments, many modern innovations take place here (music, fashion, etc.)
 - Multi-layered population: A mix of very different societal levels, religions, ethnic groups and lifestyles.
- However, not representative of the rest of Germany in terms of income, lifestyles, etc.



Mainstream lifestyle:

East and West – An exhausting approach, not

completed yet









- Since the 'Wende' (re-unification) in 1989, the former eastern part of Germany has gone through major political, economical and social changes:
- From a system of state control into a free market economy with great opportunities but unpredictable pitfalls.
 - Free access to all kinds of products was embraced at first, but the realisation that one is lacking the means to consume produces frustration.
 - Many people have problems to adopt a faster pace of life and to deal with the competitive demands of economy.
 - Eastern Germans are less contented and optimistic compared to their western fellow citizens.
 - They often feel excluded from prosperity and societal progression (-> higher unemployment rate compared to western part).

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Big Idea: An aging and single nation

- Like many Western European countries, the face of Germany is aging
 - 19% of the population today is 65+ years of age
 - Projected that 33% of the population will be 65+ year of age by 2050
 - Graying of population continues despite counter-balancing effects of immigration
 - Overall population is shrinking
- Size of household is also shrinking
 - The most common household type in Germany is a one-person household
- These demographic shifts have important implications for consumer behavior and consumer research

Contemporary trends: Declining and ageing population

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The Facts!

- Birth rate in Germany is declining.
- German population is expected to decrease from 82 mio. (at present) to the range of 74 - 69 mio. people in 2050.
- At the same time, the number of older people in the total population is increasing. Share of 65 year olds will climb from 19% to approx. 33% in 2050.

So what?

- Shift in population, balance between young and old people is reversing.
- Yet, immigration is counteracting this effect a little.

Implications:

- Prospectively, older generation will be much more in the focus of consumer research.
- Representing a numerically important and solvent group of consumers.

Contemporary trends: Changes in household types

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The Facts!

- Size of German households is continuously shrinking.
- Number of one-person households is continuously increasing, since 2004 this represents the most common household in Germany (including older, widowed people).
- Next to this, two-person household is most prevailing type of household in Germany.

So what?

 Leading to different consumer behaviour with regard to food, leisure-time activities, travelling, spending etc.

Implications:

 Increasing request for specific products and services, addressing the particular needs of this group of people.

Section II: Implications for research

Implications for research



- 1. Be aware of the city you are choosing it may not be representative of the whole country!
 - This is especially true for Berlin, which is also due to the former special status of the city (divided into a western and eastern part).
 - Frankfurt (Central, Financial hub), Hamburg (North, affluent),
 Munich (South, traditional) will all give a good representation of German consumers.
- 2. In Germany, people have a distinct sense of accuracy.
 - Keep to agreed schedules and timelines.
 - Don't change settings spontaneously, this can cause reluctance amongst respondents.

- Don't go over the time limit when conducting focus groups.

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Thank you